**FELIX EMMANUEL ASIMHI**

101 Brierfield Terrace Aberdeen AB16 5XT

Tel: 07467517727 / Email: asifexplc@yahoo.com

**PERSONAL PROFILE**

A hardworking, professional care assistant with relevant experience in taking care of the aged. I have worked in a care home and have been actively involved as part of a team taking care of the elderly Residents, following laid down procedures, and respecting the wish of the Residents, providing ‘person-centred’ care as stated in the care plans of the Residents.

**Core skills**

* Over eight years’ experience in nursing homes and domestic care
* Calm, caring and supportive
* Excellent communication skills
* Training in health and social care
* Excellent Multitasking Skills

**Employment history**

**RCCG Jesus House Tory Aberdeen 2022-Til Date**

Helping with vulnerable children with emotional, social and behavioural difficulties and support their mental / physical wellbeing through different activities. Assisting with personal care and feeding.

**Support Assistant**

**Maitama Medical Hospital Abuja 2014-2022**

**Duties/Responsibilities**

Assisting residents with personal care, including washing, dressing and general hygiene, Creating work schedules and tasks for team members. Organising social events and activities designed to stimulate and entertain the residence. Keeping up to date observations records. Helping Residents into bed at bedtime, Keeping the home clean by using appropriate infection control and cleaning procedures. Making and changing beds and ensuring that rooms are clean and tidy. Segregating and disposing of waste materials, Carrying out the night checks to ensure Residents are safely in bed.

**Care Assistant**

**Fountain Head Medical Centre/Care Home Abuja 2000-2014**

**Duties/Responsibilities**

Assisting in meeting the needs of the Residents and in the provision of physical and emotional care, working as part of a team to achieve the required standards. Working as part of a core team providing essential care to the elderly at the medical hospital. Carrying out everyday duties in clients homes with the emphasis on promoting and maintaining their well-being and independence.

**Learning and development trainings completed**

* Manual handling
* Health and safety at work
* Equality and diversity
* Safeguarding
* Emergency procedures
* Infection prevention and control
* Covid awareness trainings and proper PPE use
* Food hygiene

**Educational qualifications**

**HND and ND** Accounting

**References available on request**

Please do not hesitate to contact me if you require references from any of my previous employers.